

# ◆ Circle Time Scoop ◆

JUNE 2026

ELC BREVARD

RACHEL GIANNINI

## Summer Fun



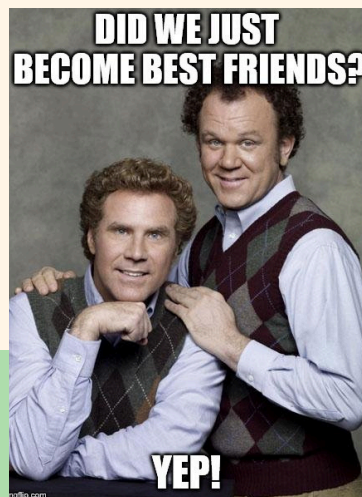
### Inside:

Hello, New Best  
Friend!

Panic!!!

Mark Your Calendars

Strangest Thing...



### Hi Future BFF!

It's me, Rachel Giannini—and for the next year, you're going to be seeing a lot of me. Why? Because I've officially claimed the role of your personal cheerleader.

Quick ground rules:

No, I won't tuck you in or wake you up.  
And I definitely won't make you coffee (you deserve better than that).

BUT—I will be showing up with a monthly newsletter, the occasional Zoom session, and random mid-week messages reminding you how awesome you are. Because here's the truth: you're doing incredible, life-changing work... even on the days it doesn't feel like it. And sometimes, you just need someone in your corner to remind you of that.

That's where I come in.

So yes—you're amazing. Yes—you're a magical unicorn. And yes—you should probably start thinking about BFF tattoo ideas.

BFF-4-EVER 🦄

## Upcoming Events & Programs Calendar

Here is a detailed look at upcoming events, important dates, and cool things happening near you!

**JUNE 19 JUNETEENTH**

**JUNE 21 Father's Day**

**JUNE 21 Longest Day of the Year**

**JUNE 23 Sign Language 1 Workshop Zoom**

**JUNE 30 Sign Language 2 Workshop Zoom**

### Link for BOTH workshops

Kids say weird things...all the time. What is the weirdest thing a kid has said to you? Email me at [Giannini.rachel@gmail.com](mailto:Giannini.rachel@gmail.com) and tell me. No backstory needed. I will put the answers in next month's newsletter!



There are a lot of strange holidays. June 4th is Hug Your Cat Day, June 16th is National Fudge Day (which I think is my new favorite), and June 22nd is National Onion Ring Day...okay, maybe that's my favorite.

Amongst this hodgepodge of random holidays, you'll find Panic Day on June 18th. And before you make any assumptions, no, it's not a holiday that encourages your anxiety to take over. It's actually the opposite. It's a day that encourages you to pause, reflect, practice breathing exercises, and work on self-regulation...you know, all the things we wish our kids did.

I once had a boss who told the staff, "I would never ask you to do a job that I wouldn't do."

To prove the point, he walked into the bathroom and cleaned the toilet.

We ask our kids every day to take deep breaths, calm down, and relax. But when was the last time you followed your own advice?

I'm in this boat too! As a parent and a teacher, I feel like all I do is remind myself to stay calm.

So this June 18th, take a moment to celebrate the holiday that reminds us not panicking is worth celebrating.